



# Association between a functional genetic polymorphism (rs2230199) and age-related macular degeneration risk: a meta-analysis

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Genet. Mol. Res. 14 (4): 12567-12576 (2015)

Received May 27, 2015

Accepted August 20, 2015

Published October 16, 2015

DOI <http://dx.doi.org/10.4238/2015.October.16.24>

**ABSTRACT.** The association between the rs2230199 C>G single nucleotide polymorphism (SNP) in complement component 3 and age-related macular degeneration (AMD) risk has been examined extensively but the results are not consistent among studies. The aim of this study was to perform a meta-analysis of all available studies on this SNP in relation to AMD. The comprehensive databases of PubMed, Medline, Web of Knowledge, CNKI, and Google Scholar were searched for case-control studies investigating the association between the rs2230199 polymorphism and AMD susceptibility. ORs with 95% CIs were estimated to assess the

association. Sensitivity analysis, test of heterogeneity, cumulative meta-analysis, and assessment of bias were also performed. A total of 15 published studies including 5593 cases and 5181 controls were used in this meta-analysis. Overall, the rs2230299 SNP was significantly associated with the risk of AMD in the overall population under the additive model (OR = 1.571, 95%CI = 1.414-1.745, P = 0.000), dominant model (OR = 1.681, 95%CI = 1.521-1.858, P = 0.000), and allelic model (OR = 1.597, 95%CI = 1.470-1.734, P = 0.000). In the subgroup analysis by ethnicity, the same results were found in Caucasian populations, while no significant correlations were found in Asian populations for all comparison models. In conclusion, our meta-analysis provides evidence that the rs2230199 polymorphism contributes to the development of AMD. Further large-scale multicenter epidemiological studies are warranted to confirm this finding.

**Key words:** Polymorphism; Age-related macular degeneration; Rs2230199; Meta-analysis

## INTRODUCTION

Age-related macular degeneration (AMD) is a retinal disorder that causes blindness in individuals over 50 years of age and is the third leading cause of global blindness (Resnikoff et al., 2004; De Jong, 2006). There are 2 main types of AMD: neovascular AMD (NV-AMD), characterized by invasion of the subpigment epithelial and subretinal spaces by neovascular complexes (this is known as choroidal neovascularization), and geographic atrophy (GA), characterized by extensive loss of the choriocapillaris and the overlying retinal pigment epithelium (Yanagisawa et al., 2011). AMD has a relatively high prevalence in developed countries and has become a major public health issue. It is estimated that more than 33 million people worldwide develop vision loss due to AMD (Duvvari et al., 2014). As with other human diseases, AMD is a complex disease with environmental and genetic factors impacting its development. The strongest identifiable risk factors for AMD are age, family history, smoking, and genetics (Gehrs et al., 2010). Although the precise etiology of AMD remains elusive, genetic studies have provided insights into the molecular basis of AMD. In the last decade, it has been found that genetic factors are involved in the pathogenesis of AMD alongside other risk factors such as smoking, diet, and overexposure to sunlight (Mousavi and Armstrong, 2013). AMD has been convincingly shown to be associated with two adjacent genes on chromosome 10q26: age-related maculopathy susceptibility 2 (ARMS2) and high-temperature requirement factor H (HTRA1) (Gold et al., 2006; McKay et al., 2010). Together, mutations in these genes account for nearly half of the heritability of AMD (Vingerling et al., 1995). In addition, rare, highly penetrant variants in the genes encoding complement factor H (CFH), complement factor I (CFI), complement component 3 (C3) and complement component 9 (C9) have recently been found to be associated with AMD (Raychaudhuri et al., 2011; Seddon et al., 2013).

The C3 gene, located on chromosome 19, has 2 single nucleotide polymorphisms (SNPs), rs2230199 C > G and rs1047286 G > A, reported to be highly associated with AMD (Park et al., 2009). Furthermore, complement component 3 (CC3) is a plausible candidate since its cleavage product, C3a, has been found in drusen. These findings strongly implicate aberrant regulation and/or activation of the complement pathway in the mechanism of susceptibility to AMD. Several

studies have reported associations between the rs2230199 SNP and the risk of AMD. However, because single studies are often underpowered due to inadequate sample sizes, the results from past studies are inconclusive. Therefore, we performed a meta-analysis to more precisely characterize the association between the rs2230199 polymorphism and AMD.

## **MATERIAL AND METHODS**

### **Search strategy**

We searched five electronic databases (PubMed, Medline, Web of Knowledge, CNKI, and Google Scholar) to identify eligible studies that were published before October 2014. Articles were identified using the following search strategy: (“gene” or “allele” or “polymorphism”) and (“age-related macular degeneration”) and (“complement component 3” or “C3” or “complement factor 3”). All potentially eligible studies were retrieved and their bibliographies were carefully evaluated to identify other eligible research. Only studies published in the English language were included. Where there were multiple publications from the same study group, the most complete and recent results were used.

### **Inclusion and exclusion criteria**

The following inclusion criteria were observed when selecting literature for further meta-analysis: 1) an independent case-control study that quantitatively assessed the relationship between the risk of AMD and the rs2230199 polymorphism; and 2) sufficient available data to estimate the OR with 95%CI. Where eligible papers provided insufficient information, we contacted authors by e-mail for additional information. Major exclusion criteria were as follows: 1) no control population, 2) duplication of a previous study, and 3) no available genotype frequency. Finally, the data for the analysis were available from 15 case-control studies, including 5593 cases of AMD and 5181 healthy controls for the C3 rs2230199 polymorphism.

### **Data extraction**

Two investigators independently extracted data and reached a consensus on all of the items. The following information was extracted from each study: first author, publication year, ethnicity (country), source of controls, number of cases and controls, characteristics of the participants, and the genotype frequencies of the cases and controls.

### **Statistical analysis**

The strength of association between the rs2230199 polymorphism and AMD risk was assessed by OR with the corresponding 95%CI for each study. Based on the individual ORs, the pooled OR was estimated. Different ORs were calculated using the following models: the allele model (G vs C), the additive genetic model (GG vs CG or CG vs CC), the dominant genetic model (CG+GG vs CC), and the recessive genetic model (GG vs CC+CG). Heterogeneity assumption was evaluated with a chi-square-based Q-test. If the P value is greater than 0.100 of the Q-test, which indicates a lack of heterogeneity among studies, the summary OR estimate of each

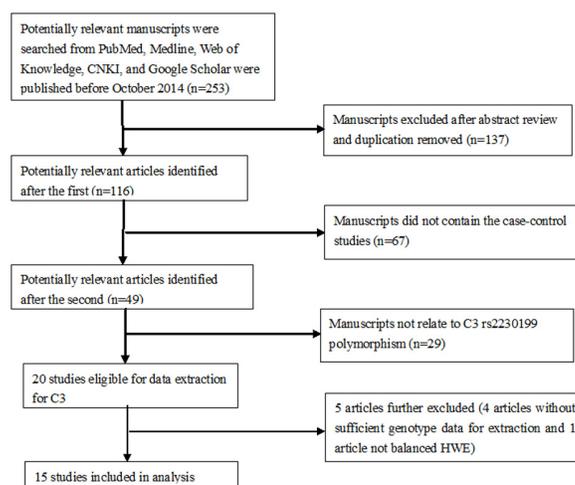
study was calculated by the Mantel-Haenszel fixed effects model (Mantel and Haenszel, 1959). Otherwise, the DerSimonian and Laird random-effects method (DerSimonian and Laird, 1986) was performed. The heterogeneity was also assessed using the  $I^2$ -test (Zintzaras and Ioannidis, 2005), which takes values between 0% and 100% with higher values denoting greater degree of heterogeneity ( $I^2 = 0$ -25%: no heterogeneity;  $I^2 = 25$ -50%: moderate heterogeneity;  $I^2 = 50$ -75%: large heterogeneity;  $I^2 = 75$ -100%: extreme heterogeneity). The significance of the pooled OR was determined using the Z-test.

To explore the reasons for heterogeneity, subgroup analyses were performed by grouping studies that showed similar characteristics, such as ethnicity and control source. For the sensitivity analysis, each study was removed in turn from the compiled list and the remaining studies were reanalyzed to assess the stability of the results. Funnel plots, Begg's test, and Egger's test were used to obtain diagnosis of the potential publication bias. All statistical analysis was performed with the Stata software (version 11.0; StataCorp LP, College Station, TX, USA) using two-sided P values.  $P < 0.05$  was considered statistically significant in all analyses except for the heterogeneity test.

## RESULTS

### Characteristics of the included studies

According to the criteria for inclusion and exclusion, 15 case-control studies investigating the association between the rs2230199 polymorphism and risk of AMD were included in the present meta-analysis. The flow diagram of the literature search strategy is shown in Figure 1. Of the 15 studies, 10 studies were conducted in Caucasian populations and 5 conducted in Asian populations. Five of the studies used a population-based design and 10 studies used a hospital-based design. The genotype frequencies of the C3 rs2230199 polymorphism were extracted from the studies. The rs2230199 genotype distributions in the controls from all of the studies conformed to the Hardy-Weinberg equilibrium. The main characteristics of the studies are listed in Table 1.



**Figure 1.** Literature search flow chart.

**Table 1.** Main characteristics of studies included in the meta-analysis.

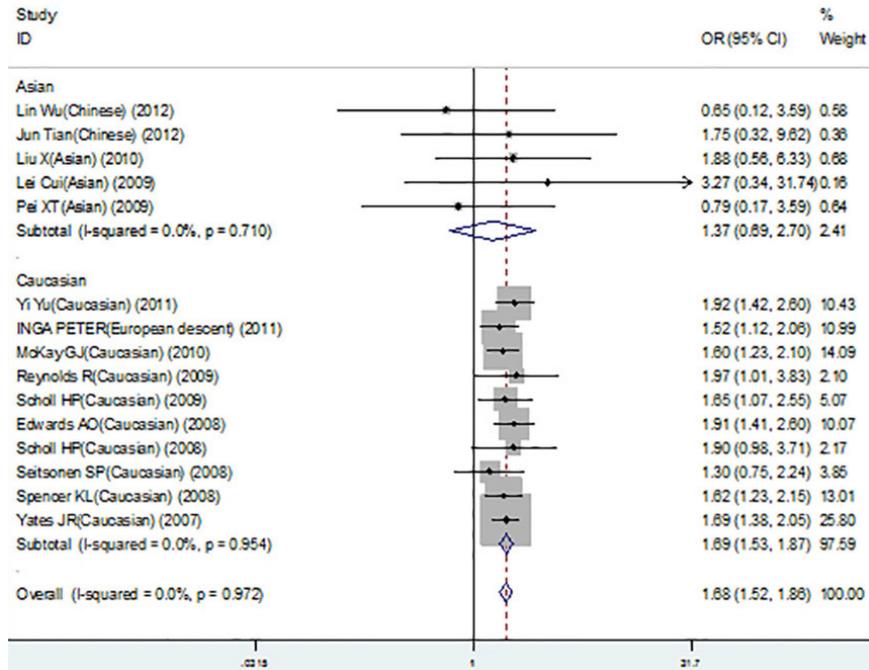
First author (Reference)	Publication year	Location	Ethnicity	Source of control	Sample size		Genotype method	HWE
					Case	Control		
Wu et al. (2013)	2012	China	Asian	HB	165	216	Taqman	0.891
Tian et al. (2012)	2012	China	Asian	HB	532	465	MassARRAY Compact System	0.963
Liu et al. (2010)	2010	China	Asian	PB	238	220	Genemapper software	0.892
Cui et al. (2010)	2009	China	Asian	HB	150	161	PCR-RFLP	0.968
Pei et al. (2009)	2009	China	Asian	HB	123	130	MALDI-TOF MS	0.859
Yu et al. (2011)	2011	USA	Caucasian	HB	1074	216	TaqMan	0.942
Peter et al. (2011)	2011	New York	Caucasian	HB	194	1260	TaqMan	0.574
McKay et al. (2010)	2010	UK	Caucasian	PB	437	436	Multiplex PCR and primer extension methodology	0.117
Reynolds et al. (2009)	2009	USA	Caucasian	HB	97	58	MALDI-TOF MS	0.812
Scholl et al. (2009)	2009	USA	Caucasian	PB	97	584	Sequencing	0.273
Edwards et al. (2008)	2008	France	Caucasian	HB	443	299	Genotyping module of the BeadStudio 3 software	0.097
Scholl et al. (2008)	2008	USA	Caucasian	HB	112	67	MALDI-TOF MS/Taqman	0.826
Seitsonen et al. (2008)	2008	UK	Caucasian	HB	151	105	TaqMan	0.671
Spencer et al. (2008)	2008	USA	Caucasian	PB	701	286	TaqMan	0.943
Yates et al. (2007)	2007	UK	Caucasian	PB	1079	678	Taqman	0.713

HB = hospital-based; PB = population-based; HWE = Hardy-Weinberg equilibrium; PCR-RFLP = polymerase chain reaction and restrictive fragment length polymorphism; MALDI-TOF MS = matrix-assisted laser desorption/ionization time-of-flight mass spectrometry.

## Meta-analysis results

Several genetic models were used in our meta-analysis and the main results are listed in Table 2. The results showed that there was a significant association between the rs2230199 SNP and AMD susceptibility in overall populations (allelic model: pooled OR = 1.597 for G allele, 95%CI = 1.470-1.734, P value = 0.000 for G vs C), and the G allele of the polymorphism could increase the risk for AMD. Analysis under the dominant and additive genetic models also yielded significant results for the rs2230199 SNP (dominant model: pooled OR = 1.681, 95%CI = 1.521-1.858, P value = 0.000 for GG+CG vs CC; additive model: pooled OR = 1.571, 95%CI = 1.414-1.745, P value = 0.000 for CG vs CC) (Table 2).

In the stratified analysis by ethnicity, there was also a significant positive correlation between the rs2230199 SNP and AMD susceptibility in Caucasians (OR = 1.600, 95%CI = 1.472-1.739, P = 0.000 for G vs C under the allelic model; OR = 1.689, 95%CI = 1.526-1.869, P = 0.000 for GG+CG vs CC under the dominant model; OR = 2.106, 95%CI = 1.699-2.610, P = 0.000 for GG vs CC+CG under the recessive model; and OR = 1.601, 95%CI = 1.279-2.005, P = 0.000 for GG vs CG and OR = 1.576, 95%CI = 1.417-1.753, P = 0.000 for CG vs CC under the additive model) (Table 2). However, analysis of Asian samples did not result in a significant correlation using any genetic model (pooled OR = 1.364, 95%CI = 0.692-2.688, P value = 0.369 for G vs C under the allelic model; pooled OR = 1.368, 95%CI = 0.692-2.704, P value = 0.367 for GG+CG vs CC under the dominant model; and pooled OR = 1.368, 95%CI = 0.692-2.704, P value = 0.367 for CG vs CC under the additive model) (Table 2). Among 5 studies done in Asian populations, there were no patients with the GG genotype; thus, data were insufficient for assessing genetic effects. The forest plot of the meta-analysis in all samples under the dominant model is presented in Figure 2. For the meta-analysis, no statistically significant heterogeneity was observed in the total, Caucasian, or Asian samples under any genetic model (Table 2).



**Figure 2.** Forest plot for the rs2230199 C>G polymorphism and risk of AMD in overall populations using the dominant model (GG+CG vs CC). The squares and horizontal lines correspond to the study-specific OR and 95%CI, respectively. The area of the squares reflects the weight (inverse of the variance). The diamond represents the OR and 95%CI of the summary.

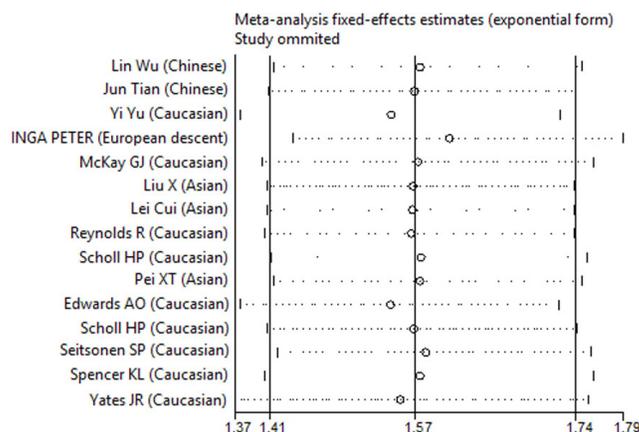
**Table 2.** Main results of meta-analysis on the association between the rs2230199 polymorphism and age-related macular degeneration risk.

Variables	Test of association		Z-score	Test of heterogeneity		Statistical model
	OR (95%CI)	P		$P_h$	$I^2$	
<b>G vs C</b>						
Total	1.597 (1.470-1.734)	0.000	11.09	0.968	0.0%	Fixed
Caucasian	1.600 (1.472-1.739)	0.000	11.07	0.937	0.0%	Fixed
Asian	1.364 (0.692-2.688)	0.369	0.90	0.713	0.0%	Fixed
<b>GG+CG vs CC</b>						
Total	1.681 (1.521-1.858)	0.000	10.17	0.972	0.0%	Fixed
Caucasian	1.689 (1.526-1.869)	0.000	10.14	0.954	0.0%	Fixed
Asian	1.368 (0.692-2.704)	0.367	0.90	0.710	0.0%	Fixed
<b>GG vs CC+CG</b>						
Total						
Caucasian	2.106 (1.699-2.610)	0.000	6.79	0.718	0.0%	Fixed
Asian						
<b>GG vs CG</b>						
Total						
Caucasian	1.601 (1.279-2.005)	0.000	4.10	0.656	0.0%	Fixed
Asian						
<b>CG vs CC</b>						
Total	1.571 (1.414-1.745)	0.000	8.42	0.964	0.0%	Fixed
Caucasian	1.576 (1.417-1.753)	0.000	8.39	0.926	0.0%	Fixed
Asian	1.368 (0.692-2.704)	0.367	0.90	0.710	0.0%	Fixed

OR = odds ratio; CI = confidence interval;  $P_h$ : P value of Q-test for heterogeneity test.

## Sensitivity analysis

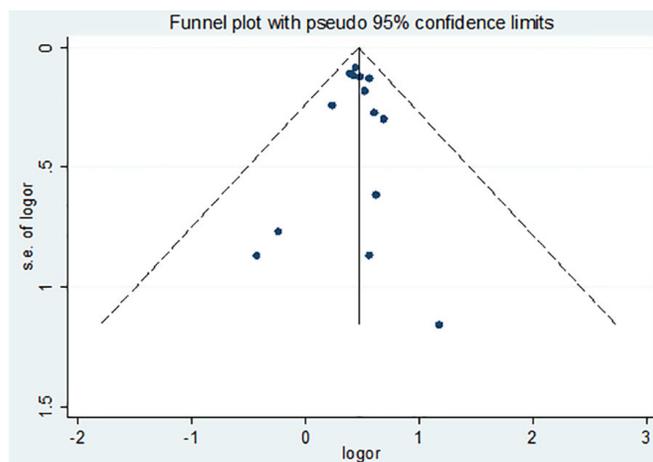
In order to compare the differences and evaluate the sensitivity of the meta-analyses, we conducted a one-way sensitivity analysis to evaluate the stability of the meta-analysis. The resultant pattern was not impacted by a single study in all genetic models, for example, under the additive model (CG vs CC), which is shown in Figure 3.



**Figure 3.** Sensitive analysis of the C3 rs2230199 polymorphism illustrating the influence of each study on pooled OR under the additive model (CG vs CC).

## Publication bias

Begg's funnel plot and Egger's test were performed to assess the publication bias of the literature used in this study. The shapes of the funnel plots did not reveal any evidence of obvious asymmetry in all comparison models. Furthermore, Egger's test was used to provide statistical evidence for funnel plot symmetry (Figure 4). The results still did not suggest any publication bias.



**Figure 4.** Funnel plot for assessing the publication bias using the allele contrast model (G allele vs C allele).

## DISCUSSION

AMD accounts for more than 54% of all vision loss in Caucasians in the USA (Congdon et al., 2004) (Group, 2004). It is widely acknowledged that genetics play an important role in the development of AMD. SNPs are the most common form of human genetic variation that may contribute to an individual's susceptibility to some diseases (Yu and Chen, 2012). It is important to identify the SNPs that affect gene function contributing to AMD susceptibility in order to better predict individual risk and understand the pathogenesis of AMD.

To date, a growing number of studies suggest that the rs2230199 polymorphism is associated with an increased susceptibility to AMD. However, the results have been conflicting, even within populations. Meta-analysis, a statistical tool for combining the results of literature across studies, is becoming popular as a method for resolving discrepancies in genetic association studies (Munafo and Flint, 2004). Hence, we used this method to demonstrate the association between the rs2230199 polymorphism and AMD susceptibility.

The present meta-analysis, including 5593 cases and 5181 controls of 15 independent case-control studies, concerned the rs2230199 polymorphism of the C3 gene and AMD risk. The results of our meta-analysis study indicate that the rs2230199 C > G SNP increased the risk of AMD development and that the rs2230199 G allele was a risk factor for AMD in Caucasians but not Asians. In addition, the frequency of the rs2230199 G allele in Caucasian populations was higher than in Asians, which is consistent with our results. Therefore, the rs2230199 G allele could be considered as a biomarker for AMD. In comparison to previous meta-analyses, our analysis included a greater number of studies and this larger sample size increased the statistical power of the result obtained. Moreover, the present meta-analysis included an acceptable quality evaluation system, minimizing the potential for bias.

The human C3 gene is located on chromosome 19 and exhibits nine common genetic SNPs. The association between SNPs in the C3 gene and AMD susceptibility has been established in multiple studies (Maller et al., 2007; Spencer et al., 2008; Park et al., 2009; Liu et al., 2010). Rs2230199 is a SNP in the C3 gene, which is a central component of all three pathways of complement activation - the alternative, classical, and mannose binding lectin pathways. All of these pathways lead to the cleavage of C3 into biologically active C3a and C3b fragments (Ricklin et al., 2010). Genetic studies have identified an important role for the complement cascade in the pathogenesis of AMD (Ding et al., 2009; Anderson et al., 2010); various complement-related molecules have been found in drusen and neighboring RPE (Ding et al., 2009). Dysfunction in the complement pathway has been proposed to increase retinal cell damage via increased formation of drusen deposits, atrophy, and cell degeneration and progression to choroidal neovascularization (Anderson et al., 2002; Hageman et al., 2005).

Some limitations of our meta-analysis should be acknowledged. First, the number of published studies collected in our analysis was not sufficiently large enough, particularly for studies focused on Asian and African populations. Second, gene-gene and gene-environment interactions were not well analyzed. There is no doubt that specific environmental and lifestyle factors may alter the association between C3 gene polymorphisms and AMD susceptibility, including age, smoking and familial history. Moreover, there are three different developmental stages for AMD, including early AMD, exudation, and geographic atrophy. Future studies should analyze these subgroups to better explain the SNPs in the C3 gene that are involved in AMD development. Nevertheless, advantages in our meta-analysis should also be acknowledged. First, a systematic review of the

association of the C3 rs2230199 polymorphism with AMD risk is statistically more powerful than any single case-control or cohort study. Second, the studies included in our meta-analysis strictly and satisfactorily met our selection criteria.

In conclusion, our present meta-analysis suggests that the rs2230199 C > G SNP in the C3 gene may be associated with AMD risk. In addition, further studies using larger sample sizes and considering gene-environment interactions should be conducted to examine this association more comprehensively.

### Conflicts of interest

The authors declare no conflict of interest.

### ACKNOWLEDGMENTS

Research supported by the National 863 High-Technology Research and Development Program (#2012AA02A519) and the State Project for Essential Drug Research and Development (Grant #2012ZX09506001007).

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